MADGINFORD PRIMARY SCHOOL MENU

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Week 1** | Sausage with Red Onion Gravy  1,6,7.  Veggie Sausage with Red Onion Gravy. (V) 1, 2, 3, 6, 7.  Mash Potatoes  Cabbage  Peas.  Lemon & Mixed Berry Cake. 1,3 | Chicken Neapolitan with Wholemeal Pasta. 1, 2.  Quorn & Five Bean Casserole with Brown Rice. (V) 1, 2, 3.  Carrots  Sweetcorn  Apple & Peach Crumble with Custard. 1, 2. | Roast Pork with Apple sauce.  Vegetable Tagine with Cous Cous. (V) 1, 7, 8.  Roast Potatoes  Carrots  Broccoli  Gravy 1  Strawberry Mousse with Fruit Salad. 2. | Bbq Chicken. 8, 7.  Rice  Macaroni Cheese with Crispy Topping. (V) 1, 2, 10.  Herby Bread Slice 1,2, 3, 6.  Green Beans  Sweetcorn  Toffee Apple Cake 1,2 3.  Cream 2. | Battered Cod 1, 9.  Mediterranean Quiche (V) 1, 2, 3.  Chips  Baked Beans  Peas  Ice Cream  Frozen Yoghurt 2 |
| **Week 2** | Pepperoni Pizza 1, 2, 3, 6  Margherita Pizza (V) 1, 2, 3, 6  ½ Jacket Potato  Funky Salad 3, 7, 10  Sweetcorn  Peaches & Pears with Chocolate Sauce 2. | Sausage & Apple Herb Plait 1, 3, 7.  Falafel with Tomato sauce (V)  7, 8  Creamed Potatoes  Baked Beans  Peas  Chilli Chocolate, Beetroot Brownie 1, 3. | Roast Chicken with Cranberry Sauce.  Quorn Fillet (V) 1, 2, 3.  Roast Potatoes  Cauliflower  Cabbage  Gravy 1  Strawberry Cheesecake 1, 2. | Chicken & Butternut Curry with Rice 10.  Wholemeal Pasta Milanese (V) 1, 2, 8  Rice  Sweetcorn  Green Beans  Sultana Cake with Custard 1, 2, 3, 7. | Fish Fingers 1, 9.  Caribbean Spiced Pasty (V) 1, 3, 10.  Chips  Coleslaw 3, 10.  Peas  Fruit Sorbet |
| **Week 3** | Pork Meatballs in Tomato Sauce 6, 10.  Lentil & Sweet Potato Curry (V) 7, 8, 10.  Wholemeal Penne Pasta  Broccoli  Peas  Coconut & Jam Sponge 1, 2, 3.  Custard 2. | Chicken Enchilada 1, 2, 8.  Sweet & Sour Vegetables with Wholegrain Noodles (V) 1,3,7,8.  Rainbow Rice  Sweetcorn  Carrots  Fruit Jelly | Roast Turkey Stuffing 1.  Stuffing 1.  Vegetable Crumble (V) 1, 2, 8.  Roast Potatoes  Carrots  Broccoli  Chocolate Krispies 1, 2. | Beef Bolognaise with Pasta Twist 1.  Vegetable Wellington with White Onion Sauce (V) 1, 2, 3, 7  ½ Jacket Potato  Cauliflower  Green Beans  Pear & Cocoa Sponge with Chocolate Sauce 1, 2, 3. | Breaded White Fish Fillet 1, 9.  Southern Style Quorn Burger  (V) 1, 2, 3, 7.  Chips  Baked Beans  Sweetcorn  Shortbread 1. |

Freshly baked bread, salad, fresh fruit and yoghurts 2, are available daily. (v) Vegetarian

1, Gluten 2, Milk 3 ,Eggs 4, Nuts 5, Sesame 6, Soya 7, Sulphite 8, Celery 9, Fish 10, Mustard 11, Crustaceans 12, Molluscs 13, Lupin